RIVERMEAD POST-CONCUSSION SYMPTOMS QUESTIONNAIRE (RPQ)

After a head injury or accident some people experience symptoms which can cause worry or nuisance. We would like to know if you now suffer any of the symptoms listed below. Compare yourself now with how you were before the accident and circle the number closest to your answer.

0 = Not experienced at all before or after the accident  
1 = No more of a problem now than before the accident  
2 = A mild problem for me now  
3 = A moderate problem for me now  
4 = A severe problem for me now

Headaches
Dizzy feelings
Nausea, upset stomach or vomiting
Noise sensitivity, or easily upset by loud noises
Sleep disturbance or disruption of sleep patterns
Fatigue, tiring more easily
Being irritable, easily annoyed or angered
Feeling depressed, tearful, crying easily or more emotional
Getting frustrated easily or being less patient with others
Poor memory or forgetting things
Difficulty concentrating
Taking longer to think
Blurry vision
Bright lights irritate or upset me, sensitive to bright lights
Double vision
Restlessness, have to move around, can’t sit still
Other _________________________________

Patient Signature ________________________ Doctor Signature _____________________

RPQ was originally published in the Journal of Neurology, Neurosurgery and Psychiatry in 1995 by King, Crawford et al from the Oxford Head Injury Service, Rivermead Rehabilitation Centre, Abingdon Road, Oxford, OX1 4XD, United Kingdom